

## Our ENT Specialist: Dr. Colleen Lennard

Dr. Lennard has joined the Sky Lakes team to help provide specialized ENT care for both children and adults. She practices a holistic approach to patient care. Her clinical expertise encompasses a wide range of ENT conditions, with particular interest in pediatric care and nasal/sinus disorders.

Dr. Lennard also integrates her knowledge of public health, preventative medicine, lifestyle medicine, holistic approaches, and traditional practices such as Ayurvedic medicine and QiGong into her patient care philosophy.

### Sky Lakes Ear Nose and Throat Clinic

3000 Bryant Williams Drive  
Third Floor  
Klamath Falls, OR 97601

**541-274-8655**  
**skylakes.org**



## Tips for Parents to Protect Kids' ENT Health



**Monitor Symptoms:** Pay attention to frequent ear pain, snoring, or changes in voice or hearing.



**Encourage Hygiene:** Teaching proper handwashing can reduce respiratory infections that contribute to ENT issues.



**Stay Current on Vaccines:** Vaccines for flu and pneumococcal diseases help prevent infections that affect the ears and sinuses.



**Seek Specialist Care:** Don't delay a consultation if your child's symptoms continue or worsen.