

# SPINE

Surgery Guide  
for Patients



SKY LAKES  
MEDICAL CENTER



**Klamath**  
ORTHOPEDIC CLINIC

[TotalJointandSpineCare.com](http://TotalJointandSpineCare.com)





# A Positive Approach

Preparing positively for surgery is a key step in your recovery. The surgery may improve your back pain and/or leg pain to allow you to be more active. It is important to know what to expect and what you will need to do during your recovery. Our goal is to help you become as independent as you are able to be. Our staff is ready to assist you in any way we can.

Your stay in the hospital will be short, and your recovery will continue after you are discharged. It is important for you to make a commitment to follow your doctor's instructions in order to get the most benefit from spine surgery. Please talk with your doctor or the staff if you have questions or concerns.

Before everything else, getting ready is the secret of success."  
– Henry Ford.





KARL C. WENNER, M.D.

is a board-certified orthopedic surgeon. After receiving his medical degree from the University of Florida, Dr. Wenner completed his residency at the Charlotte Memorial Hospital and Medical Center. He is a member of the North American Spine Society, the American Academy of Orthopedic Surgeons and the Oregon Medical Association.



JASON M. CONAUGHTY, M.D.

is a board-certified orthopedic surgeon. He completed both his medical degree and orthopedic surgery residency at the University of Miami/Jackson Memorial Hospital in Miami, Florida. Dr. Conaughty has a fellowship in Spine Surgery from the Vanderbilt University Medical Center in Nashville, Tennessee. He is a member of the American Academy of Orthopedic Surgeons and is fully trained in the treatment of all neck and spine problems.

## A Message from Your Surgeons

Welcome from your surgeons, Sky Lakes Medical Center and your health care team. We will all be working with you in partnership to prepare you for your spine surgery. Our goal is to return you to your maximum functional ability. You play a vital role in reaching that goal. Recovery is a process that starts before you enter the hospital with education and participation. When you complete your hospital stay, recovery carries on at home and throughout your life. We could not achieve the expected outcomes without your hard work and effort.

You are our most important team member. Together, we will accomplish our team goals of: effective preparation, successful surgical procedure, smooth recovery, and finally, a safe discharge. Your care will be coordinated by your surgeon and a team of Sky Lakes Medical Center nurses. Other members include: physician assistants, physical therapists, occupational therapists, diet aides, and certified nurse assistants.

We hope this information will assist you in preparing for your surgical procedure and will help to facilitate your recovery. Please read it carefully and feel free to ask questions of any team member.

- Dr. Wenner and Dr. Conaughty

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